

# THE EAGLES' BULLETIN

*Indus International School Hyderabad | Issue #26, October 2023*



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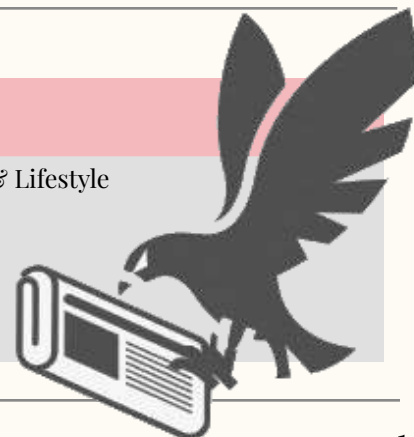
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**EDITOR'S NOTE****THE TEAM:**

Dear Readers,

As we gather to celebrate the latest edition of the Eagle's Bulletin, with a sense of honor and bittersweet feelings, I would like to share with you the news that this will be my final issue as the Editor-in-Chief. Serving as the helm of this publication has been an incredible journey, and I'm immensely grateful for the privilege of guiding our dedicated team.

It's with great enthusiasm, however, that I introduce the new Editor-in-Chief, Saanvi Manduva, who will lead the Eagle's Bulletin into the future. I have every confidence that Saanvi Manduva will carry the torch with grace, creativity, and dedication. She has been a valuable member of our team, and her vision and leadership will undoubtedly take the Eagle's Bulletin to new heights.

I have immense pride in our newspaper's accomplishments, and I am excited to see where Saanvi will steer us in the future. I am confident that this change in leadership will bring fresh ideas, renewed energy, and continued excellence to the Eagle's Bulletin. I would also like to thank the 12th grade editors and staff writers who will be handing over their portfolios to Saanvi's team. Finally, I would like to thank Ms Manju for guiding me throughout my tenure. The lessons I have learnt will help me all the time in the future.

I would like to express my deepest gratitude to all the writers, and readers who have supported us during my tenure. Your unwavering dedication has been the driving force behind our success. Thank you, dear readers, for being a part of this journey, and I eagerly await the fantastic stories yet to come in the pages of the Eagle's Bulletin.

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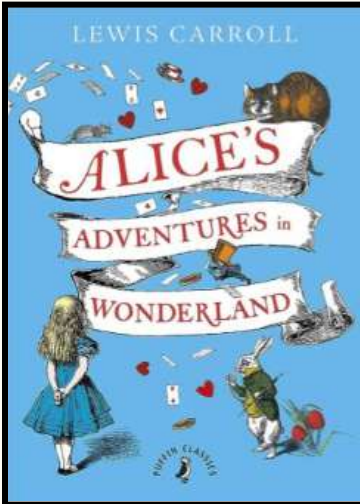


## FEATURE ARTICLE



## Transforming Stories: The Art of Narrative Alchemy

~ Sharanya Reddy, Grade 11



The power of storytelling, whether through books, films, or games, is an enchanting art that shapes our imagination like nothing else.

Let's observe the realm of storytelling through the pages of a classic tale, "Alice's Adventures in Wonderland" by Lewis Carroll. This narrative is a prime example of how words on a page can send our imagination into a spiral of possibilities and what if's. As we follow Alice down the rabbit hole, the world becomes a topsy-turvy wonderland, where a simple deck of cards is a kingdom and a grinning Cheshire Cat who disappears into thin air, Carroll's vivid descriptions and quirky characters contribute to our imagination and explore the extent of our creativity.

Imagine, though, that the same tale was told through the medium of film. The colors, the sounds, and the visual special effects. Tim Burton's adaptation of "Alice in Wonderland" puts us in awe with a psychedelic landscape, larger-than-life characters, and a soundtrack that immerses us fully into the fantastical world. The film adds another layer to storytelling, enveloping us in a sensory experience that brings the story to life in a way words alone cannot. Instead of us imagining the details we are presented with them and here we analyze the emotion, acting, and the overall depiction of the storyline.

And then, there's the world of gaming. "Alice: Madness Returns" takes the story to an entirely new dimension, allowing the player to control Alice herself as she navigates her way through the nightmarish landscape of her own mind. Interactivity in gaming gives us agency, making us part of the story, decisions, and all. It's not just about reading or watching; it's about doing and experiencing. We put our own opinions and perspectives to use, and the choices we make can differ from one person to another making it unique.



From the pages of a book to the screens of a cinema to the controllers of a gaming console, storytelling continues to evolve. It's a magic that captivates us, shaping our imagination and offering endless possibilities. Whether you're flipping through the pages, staring at the big screen, or clutching a controller, the art of storytelling takes us on extraordinary adventures, encouraging us to explore the vast landscapes of our imagination.

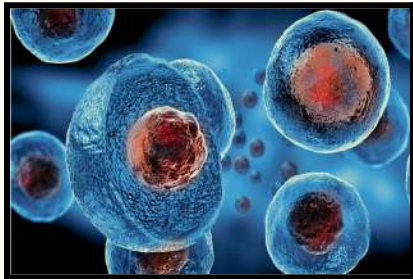
## SCIENCE & TECHNOLOGY

### Stem Cell Therapy Unlocks New Horizons in Crohn's Disease Treatment



~ Vrinda Agarwal, Grade 10

Stem Cell Therapy appears as a ray of hope in the struggle against Crohn's disease. Traditional therapies have failed in the face of this chronic inflammatory illness, characterized by immune system anomalies targeting the digestive tract. Stem cell treatment is an innovative strategy that harnesses the body's regenerative capacity.



Stem cells play a part in mending damaged tissues and influencing the immune system because of their extraordinary capacity to transform into different cell types.

This therapy differs from traditional symptom management in the context of Crohn's disease, aiming for a significant impact on the underlying causes.

The technique of the therapy involves an infusion of stem cells, which then move to inflammatory parts of the digestive system. They begin a regeneration process there, mending damaged tissue and suppressing the inflammatory response. Unlike standard therapies, which frequently focus on symptom suppression, stem cell therapy aims to address the fundamental issues at the root of Crohn's disease.

Clinical trials have yielded encouraging results, with some patients gaining considerable symptom reduction and, in some cases, long-term remission. Because stem cell therapy is personalized, it may be tailored to the individual, increasing its effectiveness. The development of stem cell therapy signals a new age in Crohn's disease treatment, providing a beacon of hope for individuals looking for more effective, focused, and long-term remedy.

### The Current State of the "Right to Repair".

~ Avaneesh Gondyala, Grade 10

While consumers probably haven't noticed this very much, technology is genuinely becoming much harder to repair. So, why is this happening? Well, that answer is easy. It's corporate greed! Big tech companies like Apple, Samsung, and Google have recently been making devices that are increasingly difficult to repair by average consumers and third-party repair shops.



Apple's iPhone is a prime example of this. Over the last few years, iPhone models have incorporated several cunning design elements, including intricate camera housings, tightly packed bodies, bonded batteries, and bizarre screw arrangements. All of these factors make self-repair of the iPhone extremely hard to accomplish, increasing the prices of repair from third-party repair shops. So, when the consumer ends up damaging their iPhone, they'd rather upgrade to a newer one than spend quite a bit to repair it, leading to the compilation of more e-waste and increased profits for Apple. It's not just Apple using this dirty business tactic, as many other big tech companies like Samsung and Google have been under fire, just not to the level of Apple (Who tends to be the market leader).

The movement against this unethical business practice is known as "The Right to Repair" or TRTR. TRTR cases are currently going on in court, but not much progress has been made. TRTR's success looks slim, but we must stand alongside them. After all, if Big Tech wins, it may mean the end of repairable electronics as a whole, resulting in the death of an entire job market.



## ECONOMICS & BUSINESS

### The Gig Economy – Reshaping the Workforce and Business Landscape

~ Abhay Roshan, Grade 11

The Gig Economy is reshaping the traditional workforce and business operations. This emerging trend has a profound impact on the way people work and the strategies companies employ to navigate an evolving business landscape.



In the Gig Economy, workers are often referred to as "gig workers", taking on independent and temporary roles. Platforms like Uber, Swiggy, and Zomato have become synonymous with this shift. Jobs concerned with gig economies offer individuals flexibility and autonomy, allowing them to choose when and how they work.

However, this shift also raises concerns, such as job security, employee benefits, and labor regulations. Many gig workers lack access to traditional employee benefits such as health insurance and retirement plans. The flexibility offered to these workers can also act as a double-edged sword. Workers must always be on the hunt for their next customer in order to earn a living. Along with this, employees who participate in such economies may not be able to develop specialized skills, which can limit their opportunities in obtaining a more stable career.

In conclusion, the Gig Economy is transforming the world of work and business. Its growth is driven by workers seeking both flexibility and businesses pursuing affordability. This trend is likely to continue shaping the economy and labor market, emphasizing the importance of adapting policies and strategies to ensure that workers and businesses can thrive in the new economic landscape.

### Is Social Media the New Market?

~ Sreenidhi Chandrapu, Grade 9

Social media has evolved into an effective tool for businesses of all kinds to reach prospects and consumers. People use social media to discover, learn about, follow, and shop from brands. On social media, brands compete for consumers' attention, and users' behavior and preferences have altered. Various methods are being used as marketing strategies. The most effective and commonly known ones consist of:

#### 1. Video Content:

Video content is popular on social media, and 54% of marketers believe it is the most effective sort of



social content. Instagram, Facebook, YouTube, and TikTok all provide numerous platforms for developing and sharing video marketing material.

2. Social Commerce: Social commerce is a thriving trend that is projected to grow in popularity. In-app purchases are available on many platforms, and advertisers can sell their items directly through Facebook, Instagram, Twitter, and other social media platforms.

3. Data-Driven Marketing: Social media insights can enhance other data sources, such as Google and email analytics, customer care platforms, or best-selling products, by providing useful audience data. This information has the potential to influence everything from marketing messaging to customer service and social commerce.

Social media marketing is an investment in the future of your company. If you set practical goals and complete each of the processes outlined above, you'll be far ahead of the curve with your social media marketing approach.



## POLITICS



### How NGOs are advancing human rights

~ Roopa Veeramalla, Grade 11



Non-governmental organizations (NGOs) are independent, non-profit entities that focus on a wide range of global and local issues, including civil and human rights, women's rights, hunger, and education. They do not seek financial profit and typically rely on donations, product sales, memberships, and charitable events to fund their causes. NGOs are pivotal in advancing human rights by spreading awareness, advocating for change, and supporting survivors of rights violations.



Though human rights were recognized early, they gained global significance only after World War 2. Despite efforts, human rights violations persist.

NGOs have played a crucial role in raising awareness of human rights issues and educating the public. They encourage activism and initiatives that empower survivors.

For example, India's Milaan Foundation empowers marginalized young women to pursue education, saving around 40,000 children from illiteracy. Acid Survivors Sahaas Foundation provides treatment and employment opportunities for acid attack survivors, assisting approximately 50 survivors. NGOs also engage in advocacy and protest actions. For instance, over 40 NGOs protested against the Karnataka Protection of Right to Freedom of Religion Bill 2021.

However, NGOs are not without their internal challenges. Some organizations have faced criticism for underpaying their workers, leading to staff skipping meals and falling ill.

While NGOs are committed to advancing human rights, there is room for improvement in addressing internal issues. Despite challenges, their dedication to making positive changes in society remains evident.

## OPINIONS

### From Classrooms to Screens: The Power of E-Learning



~ Saanvi Manduva, Grade 11

As the world is brought into the digital age, the realms of education are undergoing a profound transformation. One of these changes includes the shift to an educational technology known as E-learning. This term is used to describe a method of studying through electronic resources emerging as a powerful substitute for traditional classroom learning. E-learning is reshaping education in unimaginable ways. Is this innovation worth its hype or is it yet another flatline?



The increase in students partaking in the trend is not coincidental. The flexibility that e-learning offers is nothing short of revolutionary. It accommodates students

with diverse schedules, allowing them to access educational materials at their convenience. It also brings education to remote or underserved areas, democratizing knowledge and creating opportunities for those facing challenges with the standardized system.

It is arguable that electronic learning can be isolating, as it often lacks face-to-face interaction with this absence of interpersonal dynamics impacting students' social development. Another difficulty faced comes under the topic of accessibility. Not all students have equal access to technology and a reliable internet connection, creating a digital divide resulting in educational inequalities.

It is evident that e-learning will continue to prosper and develop over the years. From its ability to educate across oceans to adjusting to a scholar's schedule, it has got it all. That being said, it is up to you to decide whether e-learning is the right fit for you.

### The DNA Dilemma

~ Ishanvi Tupili, Grade 10--

By navigating the ethics of genetic editing In the not-so-distant past, the thought of modifying the genes of a human being seemed like science fiction. However, today, thanks to groundbreaking advancements in genetic engineering, it's no longer a question of whether we can, but whether we should. The moral dilemma of genetic editing has ignited debates worldwide, and it's time to weigh the scales of innovation and ethicality. Genetic modification promises the eradication of hereditary diseases, preventing suffering, and offering a brighter future to generations unborn.

However, heading into the realm of genetic editing is fraught with risks. It raises the specter of designer babies and a new form of eugenics. It calls for a future where genetic inequality widens the void between the privileged and the rest of the population. The slippery slope is real, and the question of where to draw the line is a moral puzzle of the highest order.



As we delve into this uncharted territory, we must remember that with great power comes great responsibility. Genetic editing may offer solutions to some of humanity's most intractable problems, but it also carries the potential to unleash new ethical, social, and medical dilemmas.

In the end, the question isn't whether we should modify human DNA but how we should do it and under what circumstances. Achieving the right balance between progress and ethics is the key. It's time for a global conversation that transcends borders and ideologies, one that shapes the future of genetic editing to ensure that, in our journey for improvement, we don't forget what it means to be human.



## ENTERTAINMENT & POP CULTURE

## Breaking the Mold: Brandy Melville's One Size Fits All Policy

~ Anika Bhupatiraju, Grade 8

In the world of fast fashion, Brandy Melville has carved out a unique niche for itself, offering trendy clothing to a predominantly female and teenage clientele. However, their "one size fits all" policy has come under fire in recent years, sparking controversy and allegations of discrimination against certain body types.



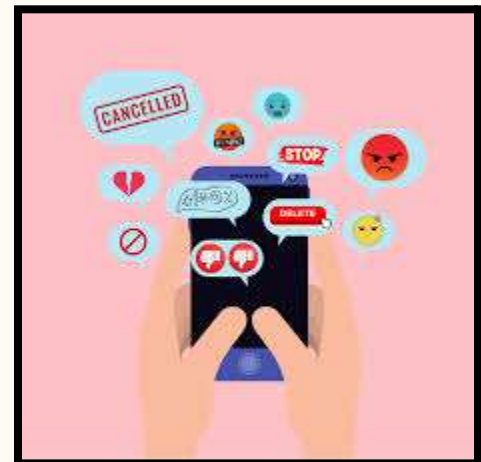
The Italian-based retailer, known for its trendy and minimalistic clothing, has gained a \$18.06 million net worth. However, the brand's policy of offering a single, typically small size for all their clothing has ignited a firestorm of controversy. Critics argue that this approach perpetuates unrealistic beauty standards and excludes individuals of various body shapes and sizes.

Allegations of body type discrimination have plagued Brandy Melville for years, with former employees speaking out about discriminatory hiring practices. The brand often hires employees who fit a specific "look," leading to a lack of diversity in its workforce. This

reinforces the exclusivity of the brand and alienates customers who don't conform to the narrow ideals upheld by the company.

In response to the public outcry, the company has begun to expand its size range to accommodate a more diverse array of body types. Additionally, Brandy Melville has engaged in more inclusive marketing and has featured models of varying body shapes and sizes in its campaigns. Most of their clothing is, however, still only available in one size.

Brandy Melville's "one size fits all" policy has ignited a necessary conversation about diversity in the fashion industry. To truly make its products more accessible, the brand can continue expanding its size range, diversifying its marketing efforts, and embracing inclusivity. By doing so, Brandy Melville can help pave the way for a more equitable and body-positive fashion landscape



## SERVICE & LEADERSHIP

### The Impact of Volunteer Work on Academic Success



~ Leisha Agarwal , Grade 11

In today's hectic educational environment, students are frequently buried under mountains of textbooks, assignments, and exams. In the middle of all of this, the idea of volunteering may appear to be an extra burden. However, research indicates that engaging in volunteer work can have a significant impact on academic success.

Volunteering is about more than just charity; it is also about self-improvement. Research has confirmed that volunteering is a powerful tool for improving mental and physical well-being. It provides students with a valuable mental reset and a break from the demands of academic life. When they return to their studies, this much-needed break can reinvigorate the mind and foster improved focus and productivity.

Volunteering also helps to develop a variety of valuable skills that can be applied in the classroom and beyond. According to the research, volunteering leads to the development of social skills, leadership abilities, a strong work ethic, teamwork, and time management. These abilities provide students with the tools they need to succeed in their studies and in their future careers.

Students with volunteer experience also have a significant advantage in an increasingly competitive college application process. Their dedication to community service distinguishes them, reflecting not only academic excellence but also a desire to make a positive difference in the world.



### Leading With Purpose - DoSomething Organization's Leadership Alchemy

~ Ananya Venigalla, Grade 11

Acting as a beacon of inspiration for service and leadership projects and activities for countless individuals around the globe, the DoSomething organization aims to empower young learners to create a positive impact on the world around us. This is a non-profit organization that was established in 1993 and has ever since instilled the power among young learners to make a real difference in their communities. This organization led by CEO DeNora Getachew, recognizes the need to support and encourage young individuals to turn their unique ideas into impactful initiatives.



From environmental conservation to addressing issues such as bullying, mental health, and poverty, The DoSomething organization provides opportunities for young leaders to step up and make their voices heard. The organization's

commitment to leadership development helps train individuals and equip them with the skills that will benefit them throughout their lives. In addition to the domestic efforts taken, DoSomething's global presence allows young leaders from different countries to collaborate on shared challenges and create a network of change-makers dedicated to making the world a better place. One of the hallmarks of DoSomething's approach is its ability to tap into the passion and creativity of today's youth.

The non-profit embodies service and leadership as it harnesses the potential of young learners and empowers them to drive positive change in the world. Through its campaigns and leadership development programs, this organization aims to inspire and mobilize the next generation of leaders who are committed to creating a brighter future for all.



## HEALTH & LIFESTYLE

### The Importance of Habits: Why We Do What We Do



~ Ansh Sonthalia, Grade 9

Habits are an integral part of our lives, shaping our behaviors and influencing our decisions. This article will explore the importance of habits and why we do what we do. Habits are the automatic behaviors or things we do without having a conscious thought. They are formed neurologically and mainly consist of three components: a cue, a routine, and a reward. Good habits can help our lives in a multitude of ways such as helping us achieve our goals and increase our productivity. On the contrary, bad habits can disrupt our Qi(life force) and are difficult to break. This article will focus on active habits, the habits we can control.



How do we know when to start and stop such activities if they are not done consciously? A group of neuroscientists at MIT discovered that certain habits such as combing one's hair release certain neurons in the

base ganglia within the brain, then lay dormant while the activity is being performed, and release again once the activity is finished. This means that you can automatically start and finish a habitual routine with instructions by these specialized neurons.

Since they are largely automatic, we are often unaware of our habits and their associated experiences. Being mindful of our negative habits can make them easier to break. Additionally, it is important to avoid cues that build on the habit and it is potent to replace the old ones with new opposing habits.

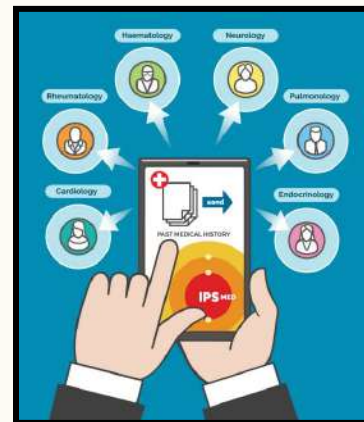
Good habits are integral to our basic development and progress. The easiest way to turn a negative practice into a positive practice is identifying what is holding you back then finding a solution. We mustn't underestimate the need to form productive and proactive habits. "People don't decide their futures, they decide their habits and their habits decide their futures."

### Transforming Healthcare Access with Telehealth

~ Ketra Rao, Grade 10

Telehealth, the remote delivery of healthcare services through digital technology, is revolutionizing the way we access and receive medical care. This transformative approach to healthcare has emerged as a vital tool. Its impact extends far beyond the immediate response to the crisis, showing promise in improving healthcare access and outcomes in the long run.

One of the most significant advantages of telehealth is its ability to break down geographical barriers. Patients, regardless of where they are located, can now connect with



healthcare professionals seamlessly. Telehealth bridges the gap and ensures timely medical consultations and advice.

However, challenges exist, including issues related to privacy and the digital divide. Ensuring the security of patient data is paramount,

and policymakers are continually working to establish safeguards. Addressing the digital divide is essential to make sure everyone, regardless of socioeconomic status, can benefit from telehealth.

Telehealth is transforming healthcare access in a profound way. It's breaking down barriers, enhancing convenience, and expanding access to quality care. While challenges exist, the potential for a healthier, more connected society through telehealth is promising. As we continue to harness the power of digital technology, the transformation of healthcare access is set to reshape the future of medicine for the better.



## REVIEWS

### Movie Review- Everything Everywhere All At Once



~Rahul Iyer, Grade 9

"Everything Everywhere All At Once", released on June 29, 2022, and directed by Daniel Kwan, is a comic science fiction adventure about an exhausted Chinese-American woman who has been struggling with her taxes.

The movie is bursting with original, diverse concepts and ideas that no storyteller would ever dare to consider when putting together a film. However, as a result of the brilliant acting, and witty script, "Everything Everywhere All At Once" ended up being a pleasant, big-hearted, somewhat confusing experience that can be enjoyed by any audience.

What makes this film unlike any other is its supernatural approach to addressing a considerably natural problem. The motion picture uses the popular trope of the "multiverse" as a medium to get the protagonists to understand themselves and the people around them. This movie also features a massive array of visual and audio gags to prevent the movie from entering a melodrama.

In Essence, the movie may seem chaotic and silly at times, but at its core, it is a heartfelt story about a deeply personal family drama. It explores themes of family, love, and finding joy in an exceptionally novel way. I believe that it is the perfect balance of thematic message and comic release.



### Book Review - All The Bright Places

~Shrika Reddy Pedda, Grade 7

Jennifer Niven's "All the Bright Places" is a novel that explores mental health, love, and loss through the journey of Violet Markey and Theodore Finch. In "All the Bright Places", Violet and Finch form a close bond while dealing with their inner demons. Niven handles delicate subjects like depression and suicide with great sensitivity, highlighting the importance of seeking help.

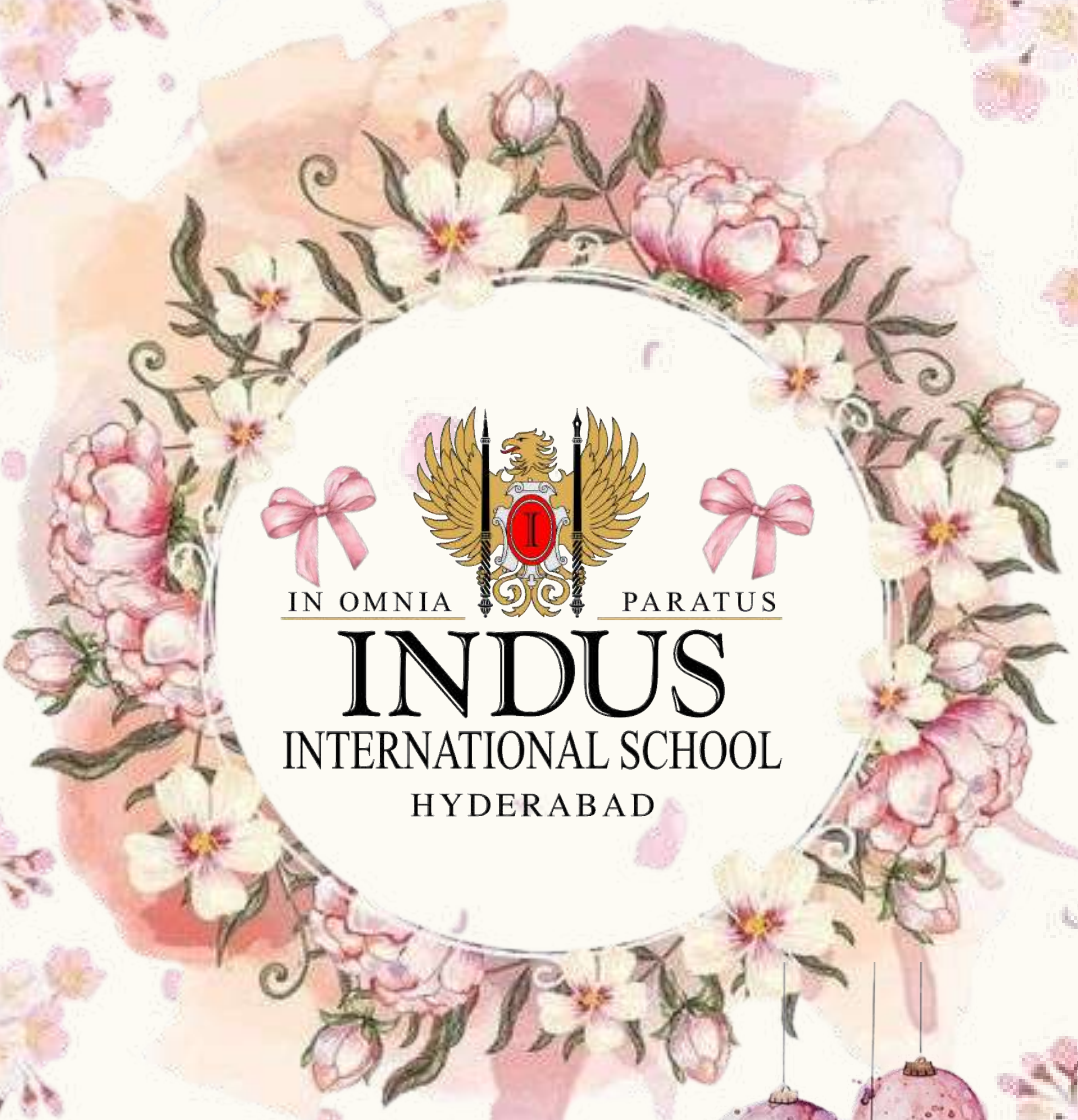
Niven's empathy highlights the internal struggles of those dealing with mental health issues. The novel also emphasizes the power of friendship and love in healing wounds. Violet and Finch provide each other with support during their darkest moments, offering a reminder that connections with others can be a lifeline for those facing mental health challenges. Their relationship serves as a reminder that connections with others can be a lifeline for those struggling with mental health challenges.

Niven's storytelling is touching, thought-provoking and raw. She seamlessly weaves together themes of self-discovery, acceptance, and resilience throughout the narrative. The pacing keeps readers engaged from beginning to end, with unexpected twists and turns that leave a lasting impression.



Jennifer Niven's "All the Bright Places" is a powerful exploration of mental health and the importance of seeking help. It's a book that keeps you up late at night, it's the book that has you sobbing at 2 a.m., it is the book you want more of. It's a beautiful and heart-wrenching story, a literary masterpiece that you will never forget.





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